

Ms. Pooja Bansal

Renowned Naturopathy Expert & Foremost Disciple of Acharya Mohan Gupta – founder of Natural Life Style



Qualifications

Post Graduate in Naturopathy and Yoga and Graduation from Delhi University

About

- Foremost disciple of Acharya Dr. Mohan Gupta.
- Devoted her life since 2004 to the mission of prevention from disease without medicines and surgeries naturally.
- President– Natural Life Style (Regd. Public Charitable Trust)
- Like her Master, she associated herself deeply with the organisation when she was highly inspired by the fact that her husband got rid of the severe disease of multiple kidney stones miraculously and all medicines were stopped with in just 4 months just by following the life style as guided by her master Acharya Mohan Gupta.

👩👧👦 Exemplary Principle

Cured her own chronic ailments like TB, Cyst, Hormonal Imbalance, Migraine and Constipation by following Nature Cure without any medicine and since 2004 she has been following Medicine Free Life.

Mother of two kids. Nurtured them without Medicines since birth now age of son is 25 years and daughter is 22 years.(ongoing). Her Husband too has not taken even a single medicine from last 21 years.

Certifications and Experience

- Certified Naturopath with 20+ years' experience in healing and wellness programmes.
- Apart from the core activities, she also directs and manages the other non-core functional activities to run the organisation along with her master side by side which has an employee strength of around 25 persons and around 100 team members who are working round the clock to help the needy.

Dynamic Speaker

Leading workshops and residential programmes nationwide

- Addressed 8 lakh+ People
- Led 3000+ transformative workshops
- Documented 7000+ life-changing case studies
- Actively engaged in the service of promoting Nature cure with her master side by side to spread this science to the world.

Digital Presence

- Renowned Personality promoting Naturopathy on YouTube channel (4.35 lakh+ subscribers)
- Regular appearances on national TV channels
- Special Zoom webinars on Programmes of NLS Health Mission

Awards & Recognitions

- Award of Honour – Ministry of Home Affairs (CISF & Special Security Group)
- Award of Honour – Delhi Police

Consultant to:

- India's 2nd Lady (Spouse of the Honorable Ex Vice President of Bharat)
- Former Chief Justice of India – Justice Sharad Arvind Bobde
